



## January 2023 Breakfast and Lunch Menu



| Monday                                                                                                                                   | Tuesday                                                                                                                      | Wednesday                                                                                                               | Thursday                                                                                                                  | Friday                                                                                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| 2<br>NO SCHOOL                                                                                                                           | 3<br><b>Breakfast:</b><br>Muffins,juice,fruit,milk<br><b>Lunch:</b> Creamy Chicken and Noodles,green beans,bread, fruit,milk | 4<br><b>Breakfast:</b><br>Pop Tart, Juice,fruit milk<br><b>Lunch:</b> Waffles, Sausage Links, fruit,yogurt,milk         | 5<br><b>Breakfast:</b><br>Pancakes,fruit,juice,milk<br><b>Lunch:</b> Turkey Cheese Subs Chips,Fruit, Milk                 | 6<br><b>Breakfast:</b> Cereal,fruit, juice,milk<br><b>Lunch:</b> Cheesy bread,marinara sauce,green beans fruit,milk        |
| 9<br><b>Breakfast:</b> Breakfast Burrito,fruit, juice,milk<br><b>Lunch:</b> Hamburger Gravy,Mashed Potatoes,Green Beans,Bread,Fruit,Milk | 10<br><b>Breakfast:</b> Breakfast Cookie,fruit, juice,milk<br><b>Lunch:</b> Chicken Tacos Corn,Fruit,milk                    | 11<br><b>Breakfast:</b> Muffin,fruit, juice,milk<br><b>Lunch:</b> Spaghetti, green beans,fruit. garlic bread, milk      | 12<br><b>Breakfast:</b> Pancakes, fruit,juice,milk<br><b>Lunch:</b> Chicken Strips, macaroni and cheese, bread,fruit,milk | 13<br><b>Breakfast:</b> Donut,fruit, juice,milk<br><b>Lunch:</b> Cheese Pizza,mixed vegetables, fruit,milk                 |
| 16<br>NO SCHOOL                                                                                                                          | 17<br><b>Breakfast:</b> Cereal,fruit, juice,milk<br><b>Lunch:</b> Hamburgers, Tater tots,fruit,milk                          | 18<br><b>Breakfast:</b> Muffin,fruit, juice,milk<br><b>Lunch:</b> Tacos,Corn,fruit,milk                                 | 19<br><b>Breakfast:</b> Bagel bites,fruit,juice,milk<br><b>Lunch:</b> Turkey and cheese sub,baked Beans, Chips Fruit,milk | 20<br><b>Breakfast:</b> Cereal,fruit, juice,milk<br><b>Lunch:</b> Pizza Hot Dish,green beans,fruit, garlic bread,milk      |
| 23<br><b>Breakfast:</b> Waffle,fruit, juice,milk<br><b>Lunch:</b> BBQ Meatballs, mixed vegetables, fruit,bread,milk                      | 24<br><b>Breakfast:</b> Muffin,fruit, juice,milk<br><b>Lunch:</b> Taco Hot Dish,Corn, Fruit,milk                             | 25<br><b>Breakfast:</b> Bagel Bites,fruit,juice,milk<br><b>Lunch:</b> Ham and scalloped potatoes,bread,apple crisp,milk | 26<br><b>Breakfast:</b> Breakfast Cookie,fruit, juice,milk<br><b>Lunch:</b> Popcorn Chicken,Green Beans,bread, fruit,milk | 27<br><b>Breakfast:</b> Cereal,fruit, juice,milk<br><b>Lunch:</b> Cheesy Bread,Marinara sauce,Mixed vegetables, fruit,milk |
| 30<br><b>Breakfast:</b> Cereal,fruit, juice,milk<br><b>Lunch:</b> Waffles, sausage                                                       | 31<br><b>Breakfast:</b> Pop Tarts,fruit, juice,milk<br><b>Lunch:</b> Beef and Cheese                                         |                                                                                                                         |                                                                                                                           |                                                                                                                            |



# January 2023 Breakfast and Lunch Menu



|                               |                          |  |  |  |
|-------------------------------|--------------------------|--|--|--|
| patty,fruit, yogurt cups,milk | Burritos,Corn,fruit,milk |  |  |  |
|-------------------------------|--------------------------|--|--|--|